



# Proceeding of The 14<sup>th</sup> FDI-IDA Continuing Dental Education Programme

"Advancing Dentistry with Innovative Sciences and Technology"

Novotel Manado Convention Center, Manado September 20-22, 2018

editor : Aurelia Steffanie Rachel Supit Dinar Arum Wicaksono Mirsarinda Anandia Leander

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## CASE REPORT **Management Patients Using Complete Denture**

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## Abstract

Introduction: Rehabilitation using complete denture (GTL) has the purpose to achieve the aesthetic, phonetic, occlusal support, mastication, comfort and health of supporting tissues. In patients who have not had tooth for along time ago can occur several circumstances such as this: concave profile, muscle hipertonus occurs in the lower jaw and mastication is not balanced and diminish vertical dimensions. Case: A 75-year-old woman came to the hospital. The patient is unable to hear so they have difficult communication. The extra oral appearance is a concave profile and the face is not symetrical. The intra oral of the patient shows that all the upper and lower teeth are absent. Residual ridge from the upper jaw are medium with high frenulumlabialis. Residual ridge from the lower jaw are medium at the anterior and low on the posterior. Case management: Patientare made Complete Denture of Acrylic Resins with extended lingual wings in the retromylohyoid area. Conclusions: Patients may wear full denture even though they are past a long adaptation period.

Keywords: rehabilitation, decrease vertical dimension, complete denture

#### Introduction

The main motivation of the patient to make a Complete Denture (GTL) first is usually for appearance and mastication. This motivation will strengthen and tends to improve patient adaptability. These functions include dexterity and denture comfort as well as the ability to eat effectively.1

In elderly patients there has been little disruption in learning and memory skills. There was also a decline of denture support tissue. A decrease in the remaining alveolar bone tends to result in a decrease in face height and make the mandible progressively (prognation).2

In patients who want to be made full denture sometimes found low residual ridge. This is due to the presence of alveolar bone resorption. A high resorption level will cause the alveolar bone height to be low rapidly and the shape narrows. In addition, low and narrow alveolar bone will reduce the retention and stabilization of denture. We have to planning the requirement very carefull. The base of the full denture is cultivated as widely as possible without blocking muscle activity and is in close contact with the surrounding tissue mucosa. Preparation and careful planning and following appropriate procedures are expected to provide retention, stabilization, support, and non-resorption also result in good dentures.3

## **Case History and Findings**

A 75-year-old woman came to the hospital with her daughtera nd daughter-in-law. The patient is unable to hear so they have difficult communication. The extra oral appearance is a concave profile and an asymmetrical face as shown in fig. 1. The intra oral of the patient shows that all the upper and lower teeth are absent. Medium left upper jaw with high labial frenulum. The lower left mandibular is at the anterior and low in the posterior (Fig. 2)





Fig 1. Extra oral patient



Fig 2. Intra oral patient

## Case Management

On this first visit, we take an impression using alginate material (see figure 3) and casted using dental stone to obtain a model study. The study model is sent to the technician to make individual tray

The second visit is mucofunctional molding, which is taking an impression without removing a denture. The expansion is maximally obtained with edge closure and border molding. Closing the edges of the lingual section by making the horizontal expansion of the anterior lingual wings to the sublingual. The lingual wings are extended to the inferior to contact the highest part of the bottom of the mouth. The wing is then extended to the posterior to contact with the sublingual and will be obtained closing when the tongue is resting and the base of the mouth is located at the bottom. Added a bit of border molding material that has been softened to the inner surface of the anterior lingual area that has previously been molded and re-inserted an individual tray inside the mouth. The impressioened is done using a zinc oxide eugenol paste (see Figure 4).



Fig 3. Impression with alginate



Fig 4. The impressioned using zinc oxide eugenol paste

Third visit: already got bite rim made from wax and done making camper line from tragus to ala nasi. Occlusal posterior alignment with camper line and anterior alignment with the interpupillary. Determination of vertical dimension and centric relation is done. Perform fixation (see figure 5) and move the jaw connection to the articulator. Arrangement of anterior and posterior teeth is done on the articulator.



Fig 5. Bite rim fixed

The patient came back to try at the fourth visit. At this time, we check occlusion of patient. On the fifth visit was insertion the full denture into the patient's mouth (see figure 6). Patients are encouraged to use these denture as long as possible to speed up the adaptation process. Patients are asked to brush their denture as when brushing and cleaning by soaking in a denture cleansing solution.



Fig 6. Insertion of full denture

The sixth visit and the next is control process. The first control, the complaining patient can not wear the denture because loose when biting food. Denture is not worn because it is always released. When the denture comes wrapped neatly in the tissue. At that time, retention is checked again, there is sufficient denture retention. Then the patient is taught again how to get the right bite to get the correct way of occlusion. Patients can not use the denture because of the bite which always move forward the mandible so that no correct occlusion is obtained.

Second control, the patient came with pain complaints on the lower left area. When examined look a little redness in the left lower residual ridge. Checked by using Pasta Indicating Pressure (PIP) on the bottom surface. Seen there is a little part that is lost then do the grinding in that section. Retention is checked again, and adequate retention is seen. When checked the occlusion, still seen the patient moving forward the mandible so it is still released when closing the mouth. Patients are taught how to keep their mouths shut while looking at the mirrors. Patient is taught while reading the instructions to be done.

The third control, the patient still feel uncomfortable but no pain. Retention is checked and retention is sufficient. When closing the mouth, the patient still looks forward the mandible. The patient is again instructed to sit facing the mirror, read the instructions and do what is written on the instruction.

The fourth control, the patient comes with a feeling of comfort and asks if the bite is right. Checking is done on upper and lower left residual ridge, no redness area. Checks were performed on the patient's occlusion, not showing a severe occlusion lesion on the denture.

## Discussion

In patients who have not had teeth for a long time many changes occur. Changes that may occur in oral tissue may include: (1) changes in oral and skin mucosa, (2) alveolar bone changes and intercostal relations, (3) tongue change and tasting, (4) salivary flow changes and nutritional disorders. A decrease in the remaining alveolar bone tends to result in a decrease in face height and make the mandible progressively (prognati). In this patient it occurs as the

remaining residual ridge is narrowed, although still with a moderate height. This patient is also used to move forward the mandible when it closes the mouth so as to interfere with the occlusion. Patients also have interference with the saliva that is getting less so that the mouth feels dry. Things like this are the same as Boucher said that in elderly patients will happen things mentioned above. <sup>2</sup>

Patients find it difficult to retention lower denture often come off when closing the mouth. The patient's adaptation process becomes somewhat longer due to the patient's habit of forward the mandible when closing the mouth. Therefore patients are accustomed to facing the mirror and trying to open the mouth while being told how the occlusion should be. The patient does not immediately feel able, but needs several visits to reach the situation. This is the same as Boucher says that in elderly patients there has been little disruption in learning and memory skills. <sup>2</sup>

To increase retention in the lower left mandibular ridge, widespread border molding is required. Closing the edges of the lingual section by making the horizontal expansion of the anterior lingual wings to the sublingual. The lingual wings are extended to the inferior to contact the highest part of the bottom of the mouth. The wing is then extended to the posterior to contact with the sublingual and will be obtained closing when the tongue is resting and the base of the mouth is located at the bottom. Added a bit of border molding material that has been softened to the inner surface of the anterior lingual area that has previously been molded and re-inserted an individual tray inside the mouth. This is the same as that done by Chang JJ, Gafoor MA, and Denizoglu about the expansion of lingual area and border molding in order to increase retention and stabilization. <sup>4,5,6</sup>

## Conclusion

Communication that is not understood by the patient causing of the patient has not heard must be followed by written instructions. Complete retention and stabilization of the patient's full denture can be achieved by the extension of the lingual region. Patients may use complete denture although patient adaptation is prolonged.

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